



3rd YEAR LOG BOOK

ENT (Ear, Nose, Throat) & Head and Neck Surgery



KHYBER GIRLS MEDICAL
COLLEGE, PESHAWAR,
PAKISTAN

NAME	
FATHER NAME	
ROLL NUMBER	
BATCH	
DATES OF ROTATION	

INTRODUCTION

As part of structured learning program, this log book will identify the objectives for each period / rotation of learning. The main purpose of the log book is to help you monitor your own competence, to recognize gaps and address them. Its second purpose is to describe the minimum competence level expected of you at the end of every rotation.

STRUCTURE

The skills to be achieved are laid out in 2 sections. The first section relates to history taking, examination and presentation of a case. Every organ system has representation in this section as mentioned in the top row of each table. The second section includes procedural skills. Competencies in procedural skills from all organ systems are presented together. Untitled, additional tables for both sections are included in the end in case some competencies have to be reassessed / repeated.

LEVEL OF COMPETENCE

Each competency has an expected level of competence to be achieved. The level of competence ranges from observation (1) to independent practice (5). The following list specifies what is meant by each level.

Level 1	Observes	Observes the clinical activity performed by a colleague / senior
Level 2	Assists	Assists a colleague / senior perform the clinical activity
Level 3	Direct supervision	Performs the entire activity under direct supervision of a senior
Level 4	Indirect supervision	Performs the entire activity with indirect supervision of a senior colleague
Level 5	independent	Performs the entire activity without need for supervision

USING THE LOGBOOK

Each organ system commences on a new page. The pages contain numbered competencies. Many of the competencies do not require an assessment of every competence level and these are indicated by shaded boxes. Certain competencies e.g. procedures do not require the student to be level 5 (independent) by the end of the learning period. These are identified by black boxes.

Teacher / trainer will tick off competence levels as you achieve them and sign them with date.

SECTION 1

HISTORY TAKING, EXAMINATION AND PRESENTATION OF A CASE

Cases	Signature
Oral cavity, Pharynx, Larynx (Laryngology) & Head and Neck area	
Rhinology (Nose/ Paranasal Sinuses & Nasopharynx)	
Otology (Ear section)	

3 rd Year ENT: Mini-Cex 1						
Patient Name:		Diagnosis:			Date:	
COMPETENCIES		EXPECTED LEVEL OF COMPETENCE			Teacher to sign & date	
HISTORY / EXAM / MANAGEMENT PLAN		Below Expectation	Adequate	Excellent	Sign	Date
1	Obtain comprehensive history after introduction and informed consent, asking relevant questions in order to reach a history based differential diagnosis.					
2	Perform complete physical examination, with detailed examination of the involved organ system					
3	Skillfully present patient history, physical examination findings in a systematic, coherent and concise manner, which addresses the chief complaint/problem, identifies pertinent positive and negative findings and reach a logical conclusion					
4	Arrange a focused list of differential diagnosis					
5	Prepare a diagnostic plan, selecting investigations appropriate for the patient					

Good points	
Suggestions for improvement	
Sign / Date	

3rd Year ENT: Mini-Cex 2

Patient Name:		Diagnosis:			Date:	
COMPETENCIES		EXPECTED LEVEL OF COMPETENCE 1. Below Expectation 2. Adequate 3. Excellent			Teacher to sign & date	
HISTORY / EXAM / MANAGEMENT PLAN		Below Expectation	Adequate	Excellent	Sign	Date
1	Obtain comprehensive history after introduction and informed consent, asking relevant questions in order to reach a history based differential diagnosis.					
2	Perform complete physical examination, with detailed examination of the involved organ system					
3	Skillfully present patient history, physical examination findings in a systematic, coherent and concise manner, which addresses the chief complaint/problem, identifies pertinent positive and negative findings and reach a logical conclusion					
4	Arrange a focused list of differential diagnosis					
5	Prepare a diagnostic plan, selecting investigations appropriate for the patient					

Good points	
Suggestions for improvement	
Sign / Date	

3rd Year ENT: Mini-Cex 3

Patient Name:		Diagnosis:			Date:	
COMPETENCIES		EXPECTED LEVEL OF COMPETENCE 1. Below Expectation 2. Adequate 3. Excellent			Teacher to sign & date	
HISTORY / EXAM / MANAGEMENT PLAN		Below Expectation	Adequate	Excellent	Sign	Date
1	Obtain comprehensive history after introduction and informed consent, asking relevant questions in order to reach a history based differential diagnosis.					
2	Perform complete physical examination, with detailed examination of the involved organ system					
3	Skillfully present patient history, physical examination findings in a systematic, coherent and concise manner, which addresses the chief complaint/problem, identifies pertinent positive and negative findings and reach a logical conclusion					
4	Arrange a focused list of differential diagnosis					
5	Prepare a diagnostic plan, selecting investigations appropriate for the patient					

Good points	
Suggestions for improvement	
Sign / Date	

Section 2: DIRECT OBSERVATION OF PROCEDURAL SKILLS (DOPS)

COMPETENCIES		EXPECTED LEVEL OF COMPETENCE			Teacher to sign & date	
		1. Below Expectation	2. Adequate	3. Excellent		
		Below Expectation	Adequate	Excellent	Sign	Date
GENERAL						
	Filling of X-ray/Laboratory form					
	Venous blood sampling					
Oral Cavity /Laryngology						
	Throat swab					
	Air way insertion (Oropharyngeal)					
Rhinology (Nose)						
	Identification of instruments used for Nasal examination					
	Nasal Packing					
Otology (Ear)						
	Identification of instruments used for Ear examination					
	Tuning fork tests					
	Introduction to Audiometer /Tympanometer					
ENT X-ray reading						
Operation theater procedures						
	How to put on gown & gloves					
	Scrubbing technique					
	Principles of sterilization					
	Scrubbing & toweling of the patient					
	Various instruments used in ENT surgeries					
	Surgical sutures					
	Preparation of biopsy bottle & filling of biopsy form					
	Dressings					