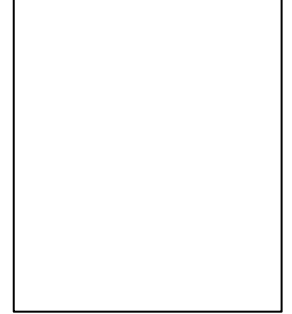


## Department of Ophthalmology

Khyber Girls Medical College Hayatabad Medical Complex,  
Peshawar



PHOTOGRAPH



### STUDENT'S LOG BOOK

Student Name: \_\_\_\_\_

Father's Name: \_\_\_\_\_

Roll /Class No. in 3<sup>rd</sup> year: \_\_\_\_\_ 4<sup>th</sup> \_\_\_\_\_ Batch No/: \_\_\_\_\_

Dates of

rotation: \_\_\_\_\_.

### **Introduction**

As part of structured learning program, this log book will identify the Objectives for each period / rotation of learning. The main purpose of the logbook is to help you monitor your own competence, to recognize gaps and address them. Its second purpose is to describe the minimum competence level expected of you at the end of every rotation.

### **Structure**

The skills to be achieved are laid out in two sections.

The first section is related to history taking, and procedure skills and the second section consists of operative skills.

### **Level of competence**

The level of competence ranges from observation (1) to independent Practice (5). The following list specifies what is meant by each level

Level 1	Observes	Observes the clinical activity performed by a colleague /senior
Level 2	Assists	Assists a colleague / Senior perform the clinical activity
Level 3	Director supervision	Performs the entire activity under direct supervision of a senior
Level 4	Indirect supervision	Performs the entire activity with indirect supervision of a senior colleague
Level 5	Independent	Performs the entire activity without need for supervision

Teacher / trainer will tick off competence level as you achieve them and sign them with date.

### History taking skills performed

<b>3<sup>rd</sup> year Ophthalmology Mini-Cex 1:</b>					
<b>Patient Name</b>	<b>Diagnosis</b>			<b>Date:</b>	
<b>Competencies</b>	<b>EXPECTED LEVEL OF COMPETENCE</b>			<b>Teacher to sign &amp; date</b>	
	<ol style="list-style-type: none"> <li>1. Below Expectation</li> <li>2. Adequate</li> <li>3. Excellent</li> </ol>				
History	Below Expectation	Adequate	Excellent	Sign	Date
Obtain comprehensive history after introduction and informed consent, asking relevant questions in order to reach a history based differential diagnosis.					
b). Visual acuity ○ Distance					
c). Pupil reaction					
d). Clinical examination					
○ Lid					
○ Conjunctiva					
○ Iris					
○ Anterior chamber					
○ Pupil					
○ Lens					
○ Lacrimal sac					
○ Ocular media					
Skillfully present patient history, physical examination findings in a systematic, coherent and concise manner, which addresses the chief complaint/problem, identifies pertinent positive and negative findings and reaches a logical					
Arrange a focused list of differential					

Good points \_\_\_\_\_

Suggestion for improvement:- \_\_\_\_\_

Teacher Signature \_\_\_\_\_

Date \_\_\_\_\_

**HISTORY TAKING SKILLS PERFORMED**

3 <sup>rd</sup> year Ophthalmology Mini-Cex 2:						
Patient Name		Diagnosis			Date:	
Competencies	EXPECTED LEVEL OF COMPETENCE			Teacher to sign & date		
	1. Below Expectation	2. Adequate	3. Excellent			
History	Below Expectation	Adequate	Excellent	Sign	Date	
Obtain comprehensive history after introduction and informed consent, asking relevant questions in order to reach a history based differential						
b). Visual acuity o Distance						
c). Pupil reaction						
d). Clinical examination						
o Lid						
o Conjunctiva						
o Iris						
o Anterior chamber						
o Pupil						
o Lens						
o Lacrimal sac						
o Ocular media						
Skillfully present patient history, physical examination findings in a systematic, coherent and concise manner, which addresses the chief complaint/problem, identifies pertinent positive and negative findings and reaches a logical						
Arrange a focused list of differential						

Good points \_\_\_\_\_

Suggestion for improvement:- \_\_\_\_\_

Teacher Signature \_\_\_\_\_

Date: \_\_\_\_\_

**HISTORY TAKING SKILLS PERFORMED**

<b>3<sup>rd</sup> year Ophthalmology Mini-Cex 3:</b>					
<b>Patient Name</b>	<b>Diagnosis</b>			<b>Date:</b>	
<b>Competencies</b>	<b>EXPECTED LEVEL OF COMPETENCE</b>			<b>Teacher to sign &amp; date</b>	
	1. Below Expectation 2. Adequate 3. Excellent				
History	Below Expectation	Adequate	Excellent	Sign	Date
Obtain comprehensive history after introduction and informed consent, asking relevant questions in order to reach a history based differential					
b). Visual acuity o Distance					
c). Pupil reaction					
d). Clinical examination o Lid					
o Conjunctiva					
o Iris					
o Anterior chamber					
o Pupil					
o Lens					
o Lacrimal sac					
o Ocular media					
Skillfully present patient history, physical examination findings in a systematic, coherent and concise manner, which addresses the chief complaint/problem, identifies pertinent positive and negative findings and reaches a logical					
Arrange a focused list of differential					

Good points \_\_\_\_\_

Suggestion for improvement:-

\_\_\_\_\_  
 \_\_\_\_\_

Teacher Signature \_\_\_\_\_

Date \_\_\_\_\_

**HISTORY TAKING SKILLS PERFORMED**

4 <sup>th</sup> year Ophthalmology Mini-Cex 1:						
Patient Name		Diagnosis			Date:	
Competencies	EXPECTED LEVEL OF COMPETENCE			Teacher to sign & date		
	1. Below Expectation 2. Adequate 3. Excellent					
History	Below Expectation	Adequate	Excellent	Sign	Date	
Obtain comprehensive history after introduction and informed consent, asking relevant questions in order to reach a history based differential						
b). Visual acuity o Distance						
c). Pupil reaction						
d). Clinical examination o Lid						
o Conjunctiva						
o Iris						
o Anterior chamber						
o Pupil						
o Lens						
o Lacrimal sac						
o Ocular media						
Skillfully present patient history, physical examination findings in a systematic, coherent and concise manner, which addresses the chief complaint/problem, identifies pertinent positive and negative findings and reaches a logical						
Arrange a focused list of differential						

Good points \_\_\_\_\_

Suggestion for improvement:- :-

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 \_\_\_\_\_

Teacher Signature \_\_\_\_\_

Date \_\_\_\_\_

**HISTORY TAKING SKILLS PERFORMED**

4 <sup>th</sup> year Ophthalmology Mini-Cex 2:						
Patient Name		Diagnosis			Date:	
Competencies	EXPECTED LEVEL OF COMPETENCE			Teacher to sign & date		
	1. Below Expectation 2. Adequate 3. Excellent					
History	Below Expectation	Adequate	Excellent	Sign	Date	
Obtain comprehensive history after introduction and informed consent, asking relevant questions in order to reach a history based differential						
b). Visual acuity o Distance						
c). Pupil reaction						
d). Clinical examination						
o Lid						
o Conjunctiva						
o Iris						
o Anterior chamber						
o Pupil						
o Lens						
o Lacrimal sac						
o Ocular media						
Skillfully present patient history, physical examination findings in a systematic, coherent and concise manner, which addresses the chief complaint/problem, identifies pertinent positive and negative findings and reaches a logical						
Arrange a focused list of differential						

Good points \_\_\_\_\_

Suggestion for improvement:- :-

\_\_\_\_\_  
 \_\_\_\_\_

Teacher Signature \_\_\_\_\_

Date \_\_\_\_\_

**HISTORY TAKING SKILLS PERFORMED**

4 <sup>th</sup> year Ophthalmology Mini-Cex 3:						
Patient Name		Diagnosis			Date:	
Competencies	EXPECTED LEVEL OF COMPETENCE			Teacher to sign & date		
	1. Below Expectation 2. Adequate 3. Excellent					
History	Below Expectation	Adequate	Excellent	Sign	Date	
Obtain comprehensive history after introduction and informed consent, asking relevant questions in order to reach a history based differential diagnosis.						
b). Visual acuity ○ Distance ○ Near						
c). Pupil reaction						
d). Clinical examination						
○ Lid						
○ Conjunctiva						
○ Iris						
○ Anterior chamber						
○ Pupil						
○ Lens						
○ Lacrimal sac						
○ Ocular media						
Skillfully present patient history, physical examination findings in a systematic, coherent and concise manner, which addresses the chief complaint/problem, identifies pertinent positive and negative findings and reaches a logical conclusion.						
Arrange a focused list of differential diagnosis						

Good points \_\_\_\_\_

Suggestion for improvement:- :-

\_\_\_\_\_  
 \_\_\_\_\_

Teacher Signature \_\_\_\_\_

Date \_\_\_\_\_

**HISTORY TAKING SKILLS PERFORMED**

4 <sup>th</sup> year Ophthalmology Mini-Cex 4:						
Patient Name		Diagnosis			Date:	
Competencies	EXPECTED LEVEL OF COMPETENCE			Teacher to sign & date		
	1. Below Expectation 2. Adequate 3. Excellent					
History	Below Expectation	Adequate	Excellent	Sign	Date	
Obtain comprehensive history after introduction and informed consent, asking relevant questions in order to reach a history based differential						
b). Visual acuity o Distance						
c). Pupil reaction						
d). Clinical examination						
o Lid						
o Conjunctiva						
o Iris						
o Anterior chamber						
o Pupil						
o Lens						
o Lacrimal sac						
o Ocular media						
Skillfully present patient history, physical examination findings in a systematic, coherent and concise manner, which addresses the chief complaint/problem, identifies pertinent positive and negative findings and reaches a logical						
Arrange a focused list of differential						

Good points \_\_\_\_\_

Suggestion for improvement:- :-

\_\_\_\_\_  
 \_\_\_\_\_

Teacher Signature \_\_\_\_\_

Date \_\_\_\_\_



Competencies	Certification Teacher to sign & date		Certification Teacher to sign & date	
	1	2	Sign	Date
a. Pterygium				
b. Incision and curettage for Meiborian cyst				
c. Cataract surgery				
d. Glaucoma surgery				
e. Squint surgery				
f. Retinal detachment				
g. Dacryocysto rhinostomy				
h. Enucleation				
i. Evisceration				