

Department of Anesthesiology & Pain Management

Khyber Girls Medical College
Hayatabad Medical Complex,
Peshawar



PHOTOGRAPH

Student's log book

NAME	
FATHER NAME	
ROLL NUMBER	
BATCH	
DATES OF ROTATION	

INTRODUCTION

As part of structured learning program, this log book will identify the objectives for each period / rotation of learning. The main purpose of the logbook is to help you monitor your own competence, to recognize gaps and address them. Its second purpose is to describe the minimum competence level expected of you at the end of every rotation.

STRUCTURE

The skills to be achieved are laid out in two sections.

The first section is related to history taking, and procedure skills and the second section consists of procedural skills.

LEVEL OF COMPETENCE

Each competency has an expected level of competence to be achieved. The level of competence ranges from observation (1) to independent practice (5). The following list specifies what is meant by each level.

Level 1	Observes	Observes the clinical activity performed by a colleague / senior
Level 2	Assists	Assists a colleague / senior perform the clinical activity
Level 3	Direct supervision	Performs the entire activity under direct supervision of a senior
Level 4	Indirect supervision	Performs the entire activity with indirect supervision of a senior colleague
Level 5	independent	Performs the entire activity without need for supervision

Teacher / trainer will tick off competence levels as you achieve them and sign them with date.

HISTORY TAKING SKILL PERFORMED

3 rd Year Mini-Cex 1						
Patient Name		Diagnosis			Date:	
Competencies		EXPECTED LEVEL OF COMPETENCE			Teacher to sign & date	
		1. Below Expectation 2. Adequate 3. Excellent				
HISTORY / EXAM / MANAGEMENT PLAN		Below Expectation	Adequate	Excellent	Sign	Date
1	Obtain comprehensive history after introduction and informed consent, asking relevant questions in order to reach a history based differential					
2	Perform complete physical /Airway examination, with detailed examination of the involved organ system					
3	Skillfully present patient history, physical examination findings in a systematic, coherent and concise manner, which addresses the chief complaint/problem, identifies pertinent positive and negative findings and reach a logical conclusion					
4	Prepare a diagnostic plan, selecting investigations appropriate for the patient					
5	Design Anesthesia management plan taking into consideration the risk versus options and the resources available					
6	NPO advice, Breast Feed - 4 hrs Bottle fed -6 hrs Clear fluids -2					
7	Effectively communicate with the patient / family regarding the differential diagnosis, intended investigations &					
8	Respect the cultural and ethnic diversity of their patient's beliefs					
9.	Display honesty, integrity, respect, and compassion for patient & family					

Good points	
Suggestions for improvement	
Sign / Date	

3 rd year Mini-Cex 2						
Patient Name		Diagnosis			Date:	
Competencies		EXPECTED LEVEL OF COMPETENCE			Teacher to sign & date	
		1. Below Expectation 2. Adequate 3. Excellent				
HISTORY / EXAM / MANAGEMENT PLAN		Below Expectation	Adequate	Excellent	Sign	Date
1	Obtain comprehensive history after introduction and informed consent, asking relevant questions in order to reach a history based differential					
2	Perform complete physical /Airway examination, with detailed examination of the involved organ					
3	Skillfully present patient history, physical examination findings in a systematic, coherent and concise manner, which addresses the chief complaint/problem, identifies pertinent positive and negative findings and reach a logical conclusion					
4	Prepare a diagnostic plan, selecting investigations appropriate for the patient					
5	Design Anesthesia management plan taking into consideration the risk versus options and the resources available					
6	NPO advice, Breast Feed - 4 hrs Bottle fed -6 hrs Clear fluids -2					
7	Effectively communicate with the patient / family regarding the differential diagnosis, intended investigations &					
8	Respect the cultural and ethnic diversity of their patient's beliefs					
9.	Display honesty, integrity, respect, and compassion for patient & family					

Good points	
Suggestions for improvement	
Sign / Date	

3 rd Year Mini-Cex 3						
Patient Name		Diagnosis			Date:	
Competencies		EXPECTED LEVEL OF COMPETENCE			Teacher to sign & date	
		1. Below Expectation 2. Adequate 3. Excellent				
HISTORY / EXAM / MANAGEMENT PLAN		Below Expectation	Adequate	Excellent	Sign	Date
1	Obtain comprehensive history after introduction and informed consent, asking relevant questions in order to reach a history based differential					
2	Perform complete physical /Airway examination, with detailed examination of the involved organ system					
3	Skillfully present patient history, physical examination findings in a systematic, coherent and concise manner, which addresses the chief complaint/problem, identifies pertinent positive and negative findings and reach a logical conclusion					
4	Prepare a diagnostic plan, selecting investigations appropriate for the patient					
5	Design Anesthesia management plan taking into consideration the risk versus options and the resources available					
6	NPO advice, Breast Feed -4 hrs Bottle fed -6 hrs Clear fluids -					
7	Effectively communicate with the patient / family regarding the differential diagnosis, intended investigations &					
8	Respect the cultural and ethnic diversity of their patient's					
9.	Display honesty, integrity, respect, and compassion for patient & family					

Good points	
Suggestions for improvement	
Sign / Date	

Section 2: DIRECT OBSERVATION OF PROCEDURAL SKILLS (DOPS)							
Competencies	Expected level of competence To be tick when achieved					Certification Teacher to sign & date	
Procedural Skills	1	2	3	4	5	Sign	Date
Preoperative assessment of thePatient							
Iv Cannulation & Intraoperative Fluid Management							
Introduction of general anesthesia and tracheal intubation							
Demonstration of spinal block							
Demonstration of epidural block							
Demonstration of local blocks in Eye , ENT and general surgery							
Demonstration of CPR							
Post operative care /pain management							
Demonstration of anesthesia machine and other instruments							
Demonstration of sterilization procedures in OT							
Demonstration of vital signs monitors and their application							