



# STARTER GUIDE

**KGMC**

## Welcome by the Dean

I welcome you to Khyber Girls Medical College. It's a great achievement getting admission in our prestigious institute keeping in view the competition you had to face to get here. Your journey to become a good doctor now starts with us and I sincerely hope that you will become doctors that we can be proud of. It is my belief that our institute will serve you in achieving your full potential.



**Prof. Dr. Muhammad Noor Wazir**

## Orientation



You are entering into professional education and are going to experience a new institute and new academic challenges. To facilitate your transition the first couple of days are going to be focused on orientation of both the college facilitates and hospital departments. Curriculum and assessment will also be the focus of orientation. This guide is also a small part of this endeavor.

## Curriculum

Khyber Girls Medical College is in the process of implementing an integrated modular curriculum. So your curriculum structure may differ from most of your senior colleagues. You will have orientation sessions on the new curriculum and all that it entails in the first week. To further facilitate you in this regard department of medical education has compiled the study guides for the curriculum which can be on [KGMC](#) website. Please direct any queries in this regard to DME.



## Assessment



The Assessment in integrated modular curriculum will differ from the traditional Curriculum. The details of the block examination and their outline as both internal assessments and Professional Examinations by KMU will be covered in detail with you in the first week of Orientation. The main Assessment tools will be MCQs and objectively structured practical examinations (OSPE). The Blueprints outlining the distribution according to the subjects are on [KGMC](#) website. Please direct any queries/grievances/appeals in this regard to DME.

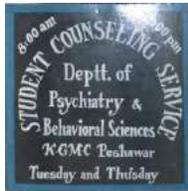
## Code of conduct



As students of KGMC you are expected to observe the code of conduct for the college. Please study the code in its full and note that you have already submitted to follow it in its entirety as an affidavit. The full document can be found on our website.

Any violation of the code of conduct maybe reported and the concerned student will have to appear before the disciplinary committee of KGMC Headed by Prof. Dr. Amin Ul Haq ([amin.haq@kgmc.edu.pk](mailto:amin.haq@kgmc.edu.pk)).

## Counselling



Pressure of Academics, the drive to perform well, social problems, acclimatization to new environment may be a source of stress for all of us. The best of us still need a helping hand to maintain our optimal level of mental health in such situations. Counselling plays an integral role in this endeavor. Counselling facilities have been made available on college premises and you are advised to avail them. Our counselor Humma Mughal should be contacted for further queries.

## Attendance



You have to maintain the minimum threshold of 75% attendance in your classes. This level is mandatory for your clearance from the college and your ability to sit in professional university examinations depends on it. For further queries please contact Dr. Ayesha Jamil ([ayesha.jamil@kgmc.edu.pk](mailto:ayesha.jamil@kgmc.edu.pk))

## Peer Mentorship Program



Stepping into professional education is a big change of pace from your previous experience at School and College. Entering a new environment and acclimatizing to it presents another challenge. Most of the students are experiencing life at the hostel for the first time and may get home sick.. The new academics can be nerve wrecking in such conditions. To adapt to this environment and to facilitate smooth transition and acclimatization, KGMC has a peer mentorship program.

You will be assigned a mentor and will participate in the PMP activities. Please refer to Dr. Naveed Afzal ([dr.naveed@kgmc.edu.pk](mailto:dr.naveed@kgmc.edu.pk)) in medical education for further queries.

## Extra-curricular Activities

Extra-curricular Activities are integral to maintaining a healthy body and mind. There is a wide variety of activities available to the students and are mainly looked after by their respective societies.



## The Literary society



The literary society is a very active group under the leadership of Dr. Ghareeb Nawaz. They arrange a wide array of programs under the banner of this society. The biggest feather in their cape is the diversity they bring to the table as they cater to our multi lingual and multicultural society. You can follow their activities on <https://www.kgmc.edu.pk/page/Literary-Society>.

## Sports Society



Khyber Girls Medical College Sports Society is responsible for conducting annual sports day each year. Under the leadership of Dr. Zubia Shah ([zubia.shah@kgmc.edu.pk](mailto:zubia.shah@kgmc.edu.pk)) it organizes sports week for inter-class tournament each year. This club provides outlet to the heavily overburdened medical students to relax for a while and enjoy the facilities of sports.

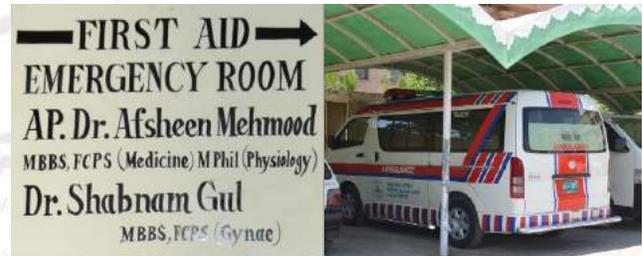
## Social Welfare Society



A non-political organization run by the students of Khyber Girls Medical College Peshawar. The main objective of SWS of KGMC is to give financial support to the poor patient, arranging free medical camps in the remote areas of Khyber Pakhtunkhwa Province including FATA and also to promote public awareness about serious social problems like smoking, AIDS, Drugs and Narcotics. Social Welfare Society works on Self Help Basis.

## First Aid

If you are not feeling well or need to check a chronic medical condition, the college sick room is available to help. The sick room is staffed by a qualified physician and gynecologist. It is open to all enrolled students each day when classes are in session. Services are offered free of charge, if referrals for additional medical care or specialized services are required, or an emergency in the hostel after hours, the college has an ambulance on standby 24/7 and an arrangement with Hayatabad Medical Complex for these services.



## Vaccination



KGMC also provides vaccination services for its students the details of which can be taken from the above mentioned personnel. Dr. Munir Hussain ([munir.hussain@kgmc.edu.pk](mailto:munir.hussain@kgmc.edu.pk)) can be contacted for further details.

## Bullying



Bullying has no place in our profession and in our institutes. Unfortunately those who have been bullied do often carry on the bullying when they have the power and thus this vicious cycle continues. KGMC has a very strict no tolerance policy on bullying and you are requested to report any such incidents. ([saguls@yahoo.com](mailto:saguls@yahoo.com))

## Safety Measures

Safety drills will be organized for you during the session to familiarize you with the protocols in case of any emergency at the campus. The safety policies (i.e needle prick protocols) can be found on [KGMC](http://kgmc.edu.pk) website. Dr. Fawad Raheem ([drfawadrahim@outlook.com](mailto:drfawadrahim@outlook.com)) can be contacted for further details.



## Research



It is the part of the longitudinal THEME of PRIME in the new curriculum and will be covered over all the five years of MBBS. Dr. Fatima Zulfiqar ([fatima.zulfiqar@kgmc.edu.pk](mailto:fatima.zulfiqar@kgmc.edu.pk)) is our designated research associate and please contact her for your research projects.

## Harassment

“Harassment” means any unwelcome sexual advance, request for sexual favors or other verbal or written communication or physical conduct of a sexual nature or sexually demeaning attitudes, causing interference with work performance or creating an intimidating, hostile or offensive work environment, or the attempt to punish the complainant for refusal to comply to such a request or is made a condition for employment; Harassment at the workplace act 2010.

If you experience any of the above situations please report the offense in writing to the office of the dean. Harassment committee at KGMC chaired by Prof. Dr. Amin Ul Haq ([amin.haq@kgmc.edu.pk](mailto:amin.haq@kgmc.edu.pk)) will undertake the due process on the complaint.



## Hostel



Hostel accommodation is a privilege and not a right of the student. We have one of the better accommodation facility in comparison to other colleges. The rules and regulation of the hostel can be found on [KGMC](#) website. Dr. Shabnum Gul ([saguls@yahoo.com](mailto:saguls@yahoo.com)) is the provost and should be contacted for further queries.

## Transport

The college provides pick and drop services for day scholars. Our college's buses have routes through the major residential areas of Peshawar and can be availed by the students of KGMC residing in Peshawar. Hasan the care taker can be contacted for further queries.



## Financial support



There is an array of financial support packages available to the students of KGMC. All the students of fata receive a scholarship from the government. Fauji foundation has a scholarship for students who have army personal as family members. Scholarships are also available for students of poor socioeconomic background. Please contact Student affair section or Prof. Dr. Amin Ul Haq ([amin.haq@kgmc.edu.pk](mailto:amin.haq@kgmc.edu.pk)) for further details.

## Electives



Khyber Girls Medical College offers elective rotations to the KGMC students during the summer & winter breaks. The students are encouraged to consume the holiday breaks in choice of their clinical specialty to develop future clinical career directions.

On the international level KGMC has an electives program with the Toledo University, Ohio USA for which one student is selected on merit basis from final year MBBS. The details of both local and international electives can be found on [KGMC](#) website.