

1st YEAR MBBS SESSION 2020-2021

MSK-I MODULE TIMETABLE, KGMC PESHAWAR

Week 1: From 26/04/21 to 30/04/21						
THEME-1 Orientation and Shoulder Pain						
Days	9:00-9:45am	9:45-10:30am	10:30-11:45AM	11:45-12:30pm	break	1:00-2:00pm
Monday 26/04/21	ANATOMY Introduction: Musculoskeletal System Dr. Niaz Mohammad	HISTOLOGY Histology of Bones&Cartilage 1 Dr. Shahab	Biochemistry SGD Minerals: Classification, Calcium & Phosphorus metabolism Dr Farida	ANATOMY Osteology of Clavical / Scapulla Dr. Qaiser		ANATOMY Osteology of Clavical / Scapulla DrNajma Atta Ullah
Tuesday 27/04/21	ANATOMY Muscles of the pectoral region Dr. Qaisar/Najma		PRACTICAL Biochemistry Lead Sulphate test	ANATOMY Muscles of the Shoulder girdle Dr. Qaisar		ANATOMY Axilla Dr. Qaisar
Wednesday 28/04/21	ANATOMY Osteology of Humrus and Scapula DrNajma Atta Ullah		DSL	ANATOMY Axillary Vessels and Lymph nodes Dr. Qaisar		ANATOMY Brachial plexus Dr. Qaisar
Thursday 29/04/21	PHYSIOLOGY Skeletal vs smooth muscle Mechanism of contraction Energetics of muscle contraction DrRiffat Sultan		EMBRYLOGY Differentiation of somites into scleromotome&Dermoyotome Dr. Niaz Muhammad	ANATOMY Muscles of the pectoral and scapular region DrQaisar		ANATOMY Muscles of the scapular region Dr Najma Atta Ullah
Friday 30/04/21	HISTOLOGY Histology of Bones&Cartilage 2 Dr. Shahab	DSL	PRACTICAL Histo-P1: Histology of Bone and Cartilage Dr. Shabnum	ANATOMY Axillary Vein, Lymph Nodes and Lymphatics Dr. Qaisar		Jumma break

- Biochemistry: Lead Sulphate test
- Histo-P1: Histology of Bone and Cartilage

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Week 2: From 03/05/21 to 07/05/21						
THEME-1 Orientation and Shoulder Pain						
Days	9:00-9:45am	9:45-10:30am	10:30-11:45AM	11:45-12:30pm	Break	1:00-2:00pm
Monday 03/05/21	Embryology Development of Bones, Cartilage and Joints Dr. Niaz	HISTOLOGY Histology of Bones&Cartilage 3 Dr. Shahab	Biochemistry Collagen	ANATOMY Axillary Vein, Lymph Nodes and Lymphatics Dr. Qaisar		ANATOMY Muscles/Nerves of the Pecto/Scapular Reg DrNajma Atta Ullah
Tuesday 04/05/21	Embryology Development of Upper Limb Dr. Niaz	ANATOMY Anterior compartment of Arm Dr. Qaisar/NAjma	PRACTICAL Histo-P1: Histology of Bone and Cartilage Dr. Shabnum	ANATOMY Posterior/Extensor compartment of Arm Dr. Qaisar		ANATOMY Vessels and Nerves of the arm region Dr. Qaisar
Wednesday 05/05/21	ANATOMY Cubital Fossa Dr. Najma	BIOCHEMISTRY Protiens Chemistry Dr. Kalsoom	ANATOMY-2 Osteology of Radius and Ulna DrNajma	DSL		ANATOMY Elbow Joint and Superior Radio Ulnar Joint Dr. Qaiser
Thursday 06/05/21	EMBRYLOGY Development of Muscles Dr. Niaz Muhammad	DSL	ANATOMY Anterior Compartment of Forearm Dr. Qaisar	ANATOMY Anterior Compartment of Forearm Dr.Qaisar		ANATOMY Posterior Compartment of Forearm Dr. Qaisar
Friday 07/05/21	ANATOMY Muscles of Flexor and Extensor Compartment of Forearm DrNajma Atta Ullah		ANATOMY Nerves and vessels of Forearm Dr.Qaisar			Jumma break

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Week 3: From 17/05/21 to 21/05/21						
THEME-2 Weak Grip and painful hand						
Days	8:00-9:00am	9:00-10:00am	10:00-12:00AM	12:00-1:00pm	break	1:30-3:00pm
Monday 17/05/21	PHYSIOLOGY Terminology Dr Zubia Shah	HISTOLOGY Histology of Bones&Cartilage 4 Dr. Shahab	Histology Practical: Histology of Muscles Dr. Shabnum	ANATOMY Forearm review Dr. Qaisar		DSL
Tuesday 18/05/21	ANATOMY Osteology of Hand Dr Najma	ANATOMY Wrist Joint Dr Najma	PHYSIOLOGY Excitation and contraction coupling Dr. Riffat Sultana	BIOCHEMISTRY Proteins Chemistry Dr. Kalsoom		ANATOMY Muscles of Hand Dr. Qaisar
Wednesday 19/05/21	ANATOMY Palmer skin and Palmer aponeurosis Dr Ibrar Wazir	BIOCHEMISTRY Protein chemistry Dr. Kulsoom	ANATOMY Muscles of Hand Dr. Qaisar	ANATOMY Vessels/ Arterial Arches of Hand Dr. Qaisar		PHYSIOLOGY Muscle action potential Dr. Bahre Karam
Thursday 20/05/21	PHYSIOLOGY Physiological anatomy of skeletal muscle fiber Dr. Farhan	BIOCHEMISTRY Protein chemistry Dr. Kulsoom	Biochemistry PRACTICAL Detection of proteins Dr Anum ?	ANATOMY Nerves and vessels of the hand Dr Najma		ANATOMY Nerves of the Hand Dr. Qaisar
Friday 21/05/21	BIOCHEMISTRY Chemistry of vitamins Dr. Gulnaz	ANATOMY Nerves and cutaneous innervations of the hand and palmer spaces Dr. Qaisar	Radiology Radiology of upper limb	ANATOMY Dorsum of the hand and applied anatomy Dr. Najma	Jumma break	

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Week 4: From 24/05/21 to 28/05/21						
THEME-3: Pain Lower Limb/ Limping						
Days	8:00-9:00am	9:00-10:00am	10:00-12:00AM	12:00-01:00pm	break	01:30-3:00pm
Monday 24/5/2021	ANATOMY Upper Limb Revesion Dr Najma	ANATOMY Upper Limb Revesion Dr Najma	Biochemistry PRACTICAL Detection of proteins	ANATOMY Upper Limb Revesion Dr Qaisar		ANATOMY Upper Limb Revesion Dr Qaisar
Tuesday 25/5/2021	ANATOMY Outline and over view of lower limb And its deep fascia Dr. Niaz Mohammad	BIOCHEMISTRY Chemistry of vitamins Dr. Gulnaz	ANATOMY Osteology of Hip Bone Dr. Qaisar	ANATOMY Osteology of Hip Bone Dr. Qaisar		DSL
Wednesdy 26/5/2021	BIOCHEMISTRY Chemistry of vitamins Dr. Gulnaz	PHYSIOLOGY Muscle action potential Dr. Bahre Karam	ANATOMY Osteology of Femur Dr. Najma Atta Ullah	ANATOMY Gluteal region Dr. Qaisar		ANATOMY Gluteal region Dr. Qaisar
Thursday 27/5/2021	BIOCHEMISTRY Chemistry of vitamins Dr. Gulnaz	ANATOMY Hip Joint Dr. Najma Atta Ullah	ANATOMY Gluteal region Dr. Qaisar	BIOCHEMISTRY GAGs 1 Dr. Anum		ANATOMY Flexors of Hip + Boundaries of Femoral Triangle Dr. Qaisar
Friday 28/5/2021	ANATOMY Anterior Compartment of thigh Dr. Najma Atta Ullah	BIOCHEMISTRY GAGs 2 Dr. Anum	ANATOMY Contents of Femoral Triangle + Anterior Compartment of thigh Dr. Qaiser	ANATOMY Anterior Compartment of thigh Dr. Qaisar		Jumma break

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Week 5: From 31/05/21 to 04/06/21						
THEME-						
Days	8:00-9:00am	9:00-10:00am	10:00-12:00AM	12:00-01:00pm	break	01:30-3:00pm
Monday 31/5/2021	PHYSIOLOGY Characteristic of whole muscle contraction Dr. Riffat	BIOCHEMISTRY Minerals 1 Dr. Farida	ANATOMY Osteology of Petella + Femur Dr. Najma Atta Ullah	ANATOMY Medial compartments of Thigh Dr. Qaisar		ANATOMY Medial compartments of Thigh Dr. Qaisar
Tuesday 01/6/2021	ANATOMY Superficial Veins and lymph nodes of the Lower Limb Dr. Niaz	PHYSIOLOGY Neuromuscular junction and transmission 1 Dr. Sarah Shahid	ANATOMY Osteology of Tibia Dr. Najma Atta Ullah	ANATOMY Medial compartments of Thigh Dr. Qaisar		ANATOMY Posterior compartments of Thigh Dr. Qaisar
Wednesday 02/6/2021	PHYSIOLOGY Neuromuscular junction and transmission 1 Dr. Sarah Shahid	ANATOMY Knee Joint Dr. Najma AttaUllah	ANATOMY Posterior compartments of Thigh Dr. Qaisar	ANATOMY Posterior Compartment of Thigh Dr. Qaisar Zaman		ANATOMY Anatomy Film Dr. Najma Atta Ullah
Thursday 03/6/2021	Behavioral Sciences Personality and motivation Dr. Wajid Ali /Amer Abbas	ANATOMY Popliteal fossa Dr.Najma Atta Ullah	ANATOMY Contents of Popliteal fossa Dr.Najma Atta Ullah	ANATOMY Nerves and vessels of Thigh Dr. Qaisar		ANATOMY Nerves and vessels of Thigh Dr. Qaisar
Friday 04/6/2021	Behavioral Sciences Personality and motivation Dr. Wajid Ali /Amer Abbas	BIOCHEMISTRY Minerals 2 Dr. Farida	ANATOMY Lumbosacral plexus Dr. Najma Atta Ullah	ANATOMY Revision Dr. Qaisar		Jumma break

1st YEAR MBBS SESSION 2020-2021

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Week 6: From 07/06/21 to 11/06/21						
THEME 3: Pain lower Limb/Limping						
Days	8:00-9:00am	9:00-10:00am	10:00-12:00AM	12:00-01:00pm	break	01:30-3:00pm
Monday 7/6/2021	FORENSIC MEDICINE Wound and Injury Dr. Anwaar ul Haq	BIOCHEMISTRY Minerals 3 Dr. Farida	ANATOMY Osteology of Fibula Dr. Najma Atta Ullah	ANATOMY Revision Dr. Qaisar		PHYSIOLOGY Neuromuscular transmission/ drugs Dr. Amjad Zaman
Tuesday 08/6/2021	ANATOMY Osteology of Foot Dr. Najma Atta Ullah		ANATOMY Anterior compartment of leg Dr. Qaisar	ANATOMY Anterior compartment of leg Dr. Qaisar		ANATOMY Anterior compartment of leg and extensor retinaculum of Ankle Dr. Niaz
Wednesday 09/6/2021	BIOCHEMISTRY Minerals 4 Dr. Farida	PHYSIOLOGY Myasthenia Gravis Dr. Amjad Zaman	ANATOMY Osteology of Foot & Ankle Joint Dr. Najma Atta Ullah	ANATOMY Lateral compartment of leg Dr. Qaisar		ANATOMY Lateral compartment of leg Dr. Qaisar
Thursday 10/6/2021	Community Medicine Epidemiology and prevention of MSK disorders Dr. Shakila Asif	BIOCHEMISTRY Minerals 5 Dr. Farida	ANATOMY Posterior Compartment of Leg Dr. Najma Atta Ullah	ANATOMY Posterior Compartment of Leg Dr. Qaisar		ANATOMY Posterior Compartment of Leg Dr. Qaisar
Friday 11/6/2021	PHYSIOLOGY Smooth and skeletal muscle fiber Dr. Farida Ahmad	ANATOMY Posterior Compartment of Leg Dr. Najma Atta Ullah	ANATOMY Nerves and vessels of leg Dr. Qaisar	ANATOMY Revision Dr. Qaisar		Jumma break

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Week 7: From 14/6/2021 to 18/6/2021							
THEME 4 - bony arches & Fracture of the foot							
Days	8:00-9:00am	9:00-10:00am	10:00-12:00AM	12:00-01:00pm	break	01:30-3:00pm	
Monday 14/6/2021	RADIOLOGY Radiology of the lower limb Dr. Ehsan		ANATOMY Cutaneous innervation of the skin of the foot Dr. Qaisar	ANATOMY Demonstration Dr. Najma			ANATOMY Film of the lower limb Dr. Najma
Tuesday 15/6/2021	ANATOMY Arches of the foot Dr. Niaz	DSL Anatomy Museum	ANATOMY Dorsum of the foot Dr. Qaisar	ANATOMY Demonstration Dr. Najma			DSL Anatomy Museum
Wednesday 16/6/2021	PHYSIOLOGY Control of Contraction of Skeletal muscle Dr. Gull Muhammad	PHYSIOLOGY Contraction of Smooth Muscle and difference between SK & smooth Muscle contraction Dr. Afsheen	ANATOMY Planter Aspect of the foot Dr. Qaisar	ANATOMY Demonstration Dr. Najma			ANATOMY Muscles of the foot Dr. Qaisar
Thursday 17/6/2021	BEHAVIORAL SCIENCES Coping skills and defense mechanism Dr. Wajid/ Dr. Ameer	PHYSIOLOGY Nervous and hormonal control of smooth muscle contraction Dr. Gull Muhammad	ANATOMY Muscles of the foot Dr. Qaisar	ANATOMY Demonstration Dr. Najma			ANATOMY Muscles of the foot Dr. Qaisar
Friday 18/6/2021	BEHAVIORAL SCIENCES Coping skills and defense mechanism Dr. Wajid/ Dr. Ameer	ANATOMY Demonstration Dr. Najma	ANATOMY Nerves and vessels of the foot Dr. Qaisar	RADIOLOGY Radiology of the foot Dr. Ehsan			Jumma break

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Week 8: From 21/06/21 to 25/06/21							
THEME: Backache							
Days	8:00-9:00am	9:00-10:00am	10:00-12:00AM	12:00-01:00pm	break	01:30-3:00pm	
Monday 21/6/2021	Pharmacology Drugs used in MSK Dr. Shams	DSL Library	ANATOMY Vertebral column Dr. Qaisar	Community Medicine Back pain (To be nominated by Chairman)			DSL Library
Tuesday 22/6/2021	Practical Revisions Batch A: Histology Batch B: Biochemistry Batch C: DSL Library		Practical Revisions Batch A: Biochemistry Batch B: DSL Library Batch C: Histology	Practical Revisions Batch A: DSL Library Batch B: Histology Batch C: Biochemistry			DSL Library Preparation of Block Exam
Wednesday 23/6/2021	(DSL Library) Preparation for Block Exam						(DSL Library) Preparation for Block Exam
Thursday 24/6/2021	Block B, OSPE						
Friday 25/6/2021	Block B, Paper						Jumma break